
Gym (Life Fitness)

Contents

Life Fitness)
uk.support@lifefitness.com
109 Lancaster Way Business Park
Ely
Cambridge
CB6 3NX
01353 666017

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Scope of Works

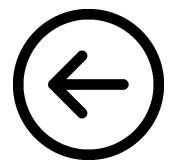
Please Refer To The Data Sheets



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Certificates/Warranties/Guarantees



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Life Fitness Product Warranties

When you purchase equipment from Life Fitness, you can expect best-in-class products that deliver superior performance, provide cutting-edge fitness technology, and feature an inviting design. See how you can expect the same level of service from our product warranties.

What & Who is Covered

Life Fitness commercial exercise equipment is warranted to be free of all defects in material and workmanship. Warranties apply to the original purchaser or any person receiving the product as a gift from the original purchaser.

What We Do to Correct Covered Defects

Life Fitness will ship to you any new or rebuilt replacement part or component, or at our option, replace the product.

What You Need to Do

Retain proof of purchase. Use, operate and maintain the product as specified in the manual. Perform periodic maintenance requirements to assure proper operation. Notify the place of purchase of any defect within 10 days after discovery of the defect.

Cardiovascular Warranty Terms

Life Fitness cardio equipment has a long history of dependability and durability. We stand behind our fitness equipment with warranties to ensure peace of mind for fitness facilities around the world. See below for detailed warranty information for your Life Fitness cardio equipment.

Equipment purchased from 1st January 2023

Product Type	Series	Parts (Electrical & Mechanical)	Labour	Frame	Cosmetic Items
Treadmills (Base & Console)*	Aspire, Integrity	3 Years	3 Years	7 Years	6 Months
Treadmills (Base & Console)*	Activate, Elevation	2 Years	2 Years	7 Years	6 Months
Elliptical Cross-Trainers	Aspire, Integrity	3 Years	3 Years	7 Years	6 Months
Elliptical Cross-Trainers	Activate, Elevation	2 Years	2 Years	2 Years	6 Months
Elliptical Cross-Trainers	Cybex Arc	2 Years	2 Years	2 Years	3 Months
Upright & Recumbent Bikes**	Aspire, Integrity	3 Years	3 Years	7 Years	6 Months
Upright & Recumbent Bikes*	Activate, Elevation	2 Years	2 Years	2 Years	6 Months
Upright & Recumbent Bikes	Cybex	2 Years	2 Years	2 Years	6 Months
PowerMill Climber	Integrity, Elevation	3 Years	3 Years	7 Years	6 Months
Variable Stride Trainer	Cybex Sparc	2 Years	2 Years	2 Years	3 Months
Group Cycling	ICG	2 Years	2 Years	5 Years	3 Months

*Treadmill - limit 1 running belt per product under the warranty period

**NB: Activate Robust Paint Option includes a 4-year warranty against corrosion on visible surfaces

Strength Warranty Terms

Life Fitness and Hammer Strength build products that are known for reliability and durability. We stand behind our strength equipment with warranties to ensure peace of mind for fitness facilities around the world. See below for detailed warranty information for Life Fitness and Hammer Strength equipment.

Equipment purchased from 1st January 2023

Product Type	Series	Parts	Labour	Frame	Cosmetic Items
Life Fitness Insignia	Selectorisred	2 Years	2 Years	10 Years	3 Months
Life Fitness Signature	All Signature Lines	2 Years	2 Years	10 Years	3 Months
Life Fitness Axiom	Axiom	2 Years	2 Years	10 Years	3 Months
Life Fitness Circuit	Circuit	2 Years	2 Years	10 Years	3 Months
Hammer Strength	HD Elite	2 Years	2 Years	10 Years	3 Months
HD Treadmill*		3 Years	1 Year	3 Years	6 Months
HD Airbike*		3 Years	1 Year	3 Years	6 Months
HD SPARC		2 Years	1 Year	3 Years	-
Synrgy360	All Models	2 Years	2 Years	10 Years	3 Months
Cybox Eagle NX, Prestige, VR1, Plate Loaded, Bravo, jungle Gym	Includes Total Access IFI	2 Years	2 Years	10 years	3 Months

*Console = 1 Year

Accessories Warranties

Accessories are an essential part of a well-rounded approach and provide training versatility for a wide range of exercisers. Life Fitness and Hammer Strength offer warranties on all our accessories to help ensure that fitness facilities are getting the most out of their equipment.

Equipment purchased from 1st January 2023

Product Type	Product	Warranty
Agility	Life Fitness Speed Cones (Set of 6), Speed Ladder, Hurdle (Adjustable, Each)	3 Months
Bags	Hammer Strength Slam Bag (Black Neoprene, all sizes), Life Fitness Core Bag (all sizes)	1 Year
Bands	Power Band (all sizes, all colours), Mini Power Bands (all colours, all sizes)	3 Months
Bumper	Hammer Strength Bumper, Urethane (all sizes, all colours)	5 Years
Bumper	Hammer Strength Bumper, Premium Rubber (all sizes, all colours)	3 Years
Bumper	Hammer Strength Bumper, Standard Rubber (all sizes, black), Hammer Strength Bumper, Recycled Rubber, USA (sizes 25-45lbs, black)	1 Year

Cable Attachment	Cable Attachment-LF Strap Handle, Rubber Grip (Short & Long)	1 Year
Cable Attachment	Cable Attachment-Rev Straight/Curl Bars/VBAR, 24in, Aluminium, Urethane Grip, Lat Bar	3 Years
Collar	Collar Spring with Rubber Handle (Pair), Collar Pair (Spring, Chrome)	3 Months
Collar	Collar, Lock Jaw OLY 2 & PRO 2 (Black Pair), Collar, Bulldog Olympic (Aluminium, Pair)	1 Year
Dumbbell	Hammer Strength Dumbbell Sets & Each (Urethane, 12-Side, all sizes), Hammer Strength Dumbbell Set & Each (Urethane, Round, all sizes)	5 Years
Dumbbell	Hammer Strength Dumbbell Set & Each (Rubber, Round, all sizes), Cybex Dumbbell Set & Each (Cast Urethane, Round Flats, all sizes)	3 Years
Dumbbell	Hex Dumbbell Set & Each (Rubber, all sizes)	1 Year
Fixed Barbell	Hammer Strength Urethane Barbells	5 Years
Fixed Barbell	Hammer Strength Rubber Barbells	3 Years
Foam Roller	All Life Fitness Foam Rollers (all colours, firmness, sizes)	3 Months
Hanging Accessories	TRX Suspension Trainer	1 Year
Jump Rope	Life Fitness Vinyl Jump Rope (all colours, all sizes)	3 Months
Kettlebell	Standard Kettlebell (Cast Iron, Charcoal, all sizes), ACFT Kettlebell (40lb, Cast Iron, Black)	1 Year
Kettlebell	Hammer Strength Competition Kettlebell (all colours, all sizes), Life Fitness Kettlebell (Rubber, Stainless Handle, all sizes)	2 Years
Mat	LF Core Mat (all colours, all sizes), LF Yoga Mat (black)	3 Months
Medicine Ball	Life Fitness Medicine Ball (all colours, all sizes)	2 Years
Olympic Bar	Hammer Strength Olympic Bars	5 Years
Olympic Bar	Standard Curl Bars	1 Year
Olympic Plate	Hammer Strength Urethane Olympic Plates	5 Years
Olympic Plate	Hammer Strength Rubber Olympic Plates	3 Years
Plyo Box	Hammer Strength Plyo Box, Life Fitness Plyo Box	1 Year
Punching Bag/Glove	Life Fitness Premium Heavy Bag, 40kg	1 Year
Punching Gloves	Life Fitness Bag Gloves, 10oz, Pair, Red	3 Months
Rope	Battle Rope, 1.5in diameter, 30ft, Black	3 Months
Stability Ball	Life Fitness Stability Balls	3 Months
Stability Ball	BOSU Pro Balance Trainer, Grey	1 Year
Studio Barbell Set	Life Fitness Studio Single Barbell	1 Year
Studio Barbell Set	Life Fitness Studio Single Plates, Urethane (all sizes)	3 Years
Studio Barbell Set	Life Fitness Studio Single Pair Barbell Collar	3 Months
Studio Barbell Set	Life Fitness Studio Barbell Rack	5 Years
Studio Dumbbell Set	Life Fitness Studio Single Dumbbell (Urethane, all sizes), LF Studio Dumbbell (Urethane, Black/Grey, all sizes)	3 Years
Studio Dumbbell Set	LF Studio Dumbbell Rack	5 Years
Studio Kettlebell Set	Life Fitness Studio Kettlebell (all sizes)	1 Year
Studio Kettlebell Set	Life Fitness Studio Kettlebell Rack	5 Years
Studio Step/Deck	Life Fitness Studio Step/Risers Set & Each, Life Fitness Studio Deck	1 Year
Tire	Life Fitness Flip Tire, Soft Vinyl (all sizes, Covers defects in design, materials and workmanship)	1 Year
Wall Ball	Escape Endura Wall Ball (all sizes)	1 Year
Yoga	Life Fitness Yoga Block	3 Months

Cleaning and Maintenance Regimes

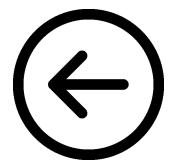
N/A



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Data Sheets



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Life Fitness Service Contract

The Range

Agreement

Ref: 051-0824

Date: September 23, 2024

Schedule 1

The Price, Services and Term

1 Price and Type of Service (associated with the Equipment in Schedule 2)

Type of Service: Gold Plus
1 Preventative Maintenance Service per annum
Priority response from local technicians
Free replacement parts*
Unlimited call outs for breakdowns included
*20% discount on consumable items (see attached list)

2 What we will do

We will provide telephone support from our trained Customer Service Team and In-house Technician, often resolving issues over the phone where possible

We will advise you in advance of the date of when the service of Equipment will take place

Our technician will carry out the service as efficiently as possible and with the minimum of disruption

Our technician will complete a checklist during the service. We request that a senior member of staff check that the service is satisfactory prior to approving the work

If any recommendations are made by the technician these will either be completed under the terms of your contract, or you will receive a quotation for any chargeable work from our Parts After Service team.

The Equipment should be in working order for the service to be conducted fully.

For the safety of your customers, staff members and the technician, it may be necessary to take several pieces of Equipment out of use at a time.

3 Term (Condition 1.1, Terms & Conditions)

1st August 2024 - 31st July 2029

Life Fitness Service Contract The Range Agreement

Schedule 2

Equipment (the subject of the Services)

1 Location of Equipment

The Range
 Gateway 14
 Stowmarket
 Suffolk
 IP14 GZ

2 Equipment Specification

Equipment	Model	Serial No	Install Date	Type of Contract
Life Fitness Treadmill	Aspire	ASPTRMW24090266	Jul-24	Gold Plus
Life Fitness Treadmill	Aspire	ASPTRMW24090272	Jul-24	Gold Plus
Life Fitness Cross Trainer	Aspire	ASPXTUW24120158	Jul-24	Gold Plus
Life Fitness Cross Trainer	Aspire	ASPXTUW24120157	Jul-24	Gold Plus
Lifecycle ®	Aspire	ASPBUPW24210051	Jul-24	Gold Plus
Lifecycle ®	Aspire	ASPBUPW24210047	Jul-24	Gold Plus
Hammer Strength	HD Airbike	HSPARBY24040088	Jul-24	Gold Plus
Concept II	Row	2712-431984391	Jul-24	Gold Plus
Concept II	Row	2712-431984183	Jul-24	Gold Plus
Concept II	SkiErg	2715-431974716	Jul-24	Gold Plus
Life Fitness Strength	Multi Jungle	102425004304	Jul-24	Gold Plus
Life Fitness Strength	HS Chest Press	102425J02080	Jul-24	Gold Plus
Life Fitness Strength	HS Fly Rear Delt	102426J02243	Jul-24	Gold Plus
Life Fitness Strength	HS Leg Extension	102425J02144	Jul-24	Gold Plus
Life Fitness Strength	HS Leg Press	102425J02206	Jul-24	Gold Plus
Life Fitness Strength	HS Seated Leg Curl	102425J02198	Jul-24	Gold Plus
Life Fitness Strength	HS Shoulder Press	102425J02211	Jul-24	Gold Plus
Life Fitness Strength	Hip Abd/ADD	102426M13259	Jul-24	Gold Plus
Life Fitness Strength	Dual Adj Pulley	102424M12431	Jul-24	Gold Plus
Life Fitness Strength	ADJ Bench	102425M12836	Jul-24	Gold Plus
Life Fitness Strength	ADJ Bench	102425M12835	Jul-24	Gold Plus
Life Fitness Strength	ADJ Bench	102425M12814	Jul-24	Gold Plus
Life Fitness Strength	Smiths machine	102425M13009	Jul-24	Gold Plus
Life Fitness Strength	Half Rack	102424H03675	Jul-24	Gold Plus
Life Fitness Strength	Half Rack	102424H03674	Jul-24	Gold Plus

****Please note only Life Fitness manufactured equipment is covered by this contract****

Life Fitness Service Contract

The Range Agreement

Schedule 3

Fault Reporting and Spare Parts Orders

1 How to Report a Fault

Should you need to report a fault on any of your Life Fitness equipment, please call our Customer Support Team. You will be asked to provide the **Model (95T), Serial Number and Prefix (TWT300300)** and a **full description** of the fault i.e. belt slipping.

Alternatively, you can send your request for an engineer by e-mail, once again please provide the **Model Number, Serial Number and full description** (optional to add photos) of the fault along with a **contact name, telephone number and e-mail address**.

For any ad hoc requests or escalations you can utilise the Customer Support Team as outlined and the requests will be promptly passed to the relevant line manager.

Customer Support e-mail : uk.support@lifefitness.com

Customer Support Telephone Number: 01353 665 507 - Option 1

Online Support Web request <http://www.lifefitness.co.uk/commercial/support.html>

2 How to Order Spare Parts

To order spare parts please contact our Spare Parts Department. We ask that all orders are made by e-mail. This is to ensure that your request is logged.

When ordering parts, please provide the **Model Number (95T), Serial Number and Prefix (TWT300300)** and a **full description** of the part required i.e. end cap, front right. Please also provide a **contact name, telephone number and e-mail address**.

Please contact our Spare Parts Team with any queries or concerns that you may have with regards to the delivery of spare parts that you have ordered

Spare Parts e-mail : uk.serviceparts@lifefitness.com

Spare Parts Telephone Number: 01353 665 507 - Option 2

3 Contract Queries

For all your Service Contract queries, please contact the Service Contracts Department on 01353 665507 and select option 3. Alternatively, you can e-mail your query to uk.servicecontracts@lifefitness.com

4 Office hours

Our office hours are Monday to Friday, 8.30am to 5pm

Life Fitness Service Contract

The Range Agreement

Schedule 4

Your Obligations

1 Top Tips – to get the best out of your Life Fitness Equipment

- 1.1 Read the Operation Manual before using each machine; especially the sections on safety, programming and trouble shooting.
- 1.2 Inspect equipment on a daily basis and keep a record of inspections.
- 1.3 Do not allow use of broken or damaged equipment.
- 1.4 Ensure members are fully trained in the use of Life Fitness equipment. Damage from misuse is not covered by the contract.
- 1.5 Ensure Equipment is operated according to the instructions supplied with each machine, e.g.
 - Suggested rpm on the Life Fitness Cross Trainer is strictly adhered to, i.e. the user must slow down gradually and come to a complete stop, as directed by the machine, before making the directional change.
 - Do not attempt to use heart rate drip sensors when running on a treadmill, i.e. Use a polar belt when running.
 - When performing strength repetitions do so in a slow and controlled manner.

2 Preventative Maintenance for Life Fitness Equipment

Cardiovascular Equipment

Daily

Clean machines using a damp cloth and mild detergent
 Clean HR sensors with dry cloth or paper towel (for the most accurate results, HR sensors should be kept as dry as possible)
 Check power cables are clear of moving parts and not damaged
 Check Operation of emergency stop on Treadmills

Weekly

Vacuum under Treadmills
 Vacuum striding belt on Treadmills
 Check all machines for any damage
 Clean all plastic shrouds
 Clean and lubricate seat posts on Lifecycles
 Apply vinyl protectant to upholstery
 Check for any loose bolts or screws

Monthly

If chain driven, check for dryness and lubricate if required
 Check seat pin insertion on Lifecycle

Resistance Equipment

Daily

Clean upholstery and frames using a damp cloth and mild detergent
 Check cable for wear

Weekly

Apply breakfree to top weight plate bearings
 Clean weight stack guide rods
 Apply vinyl protectant to upholstery
 Check for any loose bolts or screws
 Check cables for wear
 Lubricate pivot joint

Monthly

Grease bearings on Leg Press and smith machine

Life Fitness Service Contract

The Range Agreement

If your extended warranty/service contract does not provide for consumable items, please remember that these may be chargeable at point of replacement. Due to the wide range of products covered by Life Fitness, it is impossible to provide details of each item, but please find below examples of those categories of parts which would - for indicative purposes - be classified as consumable

Indicative Guide - Chargeable Life Fitness Consumables

Cardio	Strength	All
Pedal Straps (Unless incorporated in pedal)	Grips	Shrouds*
TV remote controls	Accessories e.g. carabiner, clips, handle straps, ropes etc	Decal Stickers
USB/Data Cards	Adjuster Knobs (Unless the pin is broken)	Placards
Attachable TVs	Upholstery*	Line Cords (including plug)
Seat* (If the pad is worn)		Power Supply Batteries*
External coax & ethernet cables		

If Life Fitness services are required in fitting the above parts, the call out fee and one hour's minimum labour will be charged.

**Non-chargeable if damaged by a secondary fault*

**All fittings are chargeable e.g. screws and grommets*

**User damage and/or mis-use is not covered under contract*

Please Note: Life Fitness reserve the right to amend this list in line with product development. This is designed to be an indicative guide only. If you have any queries please contact your service contractor on (01353) 665507 - option 3 or email uk.servicecontracts@lifefitness.com

LIFE FITNESS (UK) LIMITED
MAINTENANCE SERVICE CONTRACT
TERMS AND CONDITIONS

1 **Definitions and Incorporation**

1.1 In these conditions: -

"we"/"us" means Life Fitness (UK) Limited (Company No. 02747223) whose registered office is at 109A Lancaster Way Business Park, Ely, Cambridgeshire, CB6 3NX;

"you" means the person who accepts this Contract by way of authorised signature;

"Conditions" means our standard terms and conditions of service of the Equipment as set out in this document;

"Delivery Date" means the date for delivery by us to you of the Services as notified by us or in accordance with any specified response times;

"Equipment" means the equipment, which is the subject of the Services and at the location as detailed in Schedule 2 of this Contract;

"Services" means the services, which we are to provide to you in accordance with these Conditions and as further described in Schedule 1 of this Contract;

"Price" means the total price for the Services as detailed in Schedule 1 of this Contract and including VAT;

"VAT" means value added tax;

references to "written" or "in writing" include fax and email communications.

"Term" means the period of validity of the Contract for which the Services are being undertaken as detailed in Schedule 1

1.2 These Conditions represent the entire agreement between you and us (the "Contract"). No other terms or conditions (including any written on or attached to any purchase order, form, document or correspondence) shall be included or implied unless previously agreed upon in writing and signed by an officer authorised by us. No purported variation of the Contract will be effective unless confirmed in writing by us and in no event will your standard terms and conditions of business apply. No liability shall attach to us, our agents or employees in respect of any representations or statements made, whether before or after agreement is reached, unless confirmed in writing by our authorised representative.

2 **Our Service Delivery**

2.1 We shall deliver the Services, for the Term, as stated in Schedule 1. We shall notify you of all planned service visits giving not less than 48 hours notice in advance.

2.2 Whilst we shall make every reasonable effort to deliver the Services by the Delivery Date we shall not be liable to make good any damage or loss arising directly or indirectly from delay in achieving delivery.

3 **Your Obligations**

3.1 You are responsible for ensuring the accuracy of the details of the Equipment and its location as specified in Schedule 2. Any changes to these details shall be made known to us in writing.

3.2 You will give us all necessary access to your site and the Equipment for the purposes of carrying out the Services.

3.3 Fault reporting by you shall be exercised in accordance with the requirements of Schedule 3 "How to Report a Fault"

3.4 Ordering of spare parts (where applicable) by you shall be exercised in accordance with the requirements of Schedule 3 "How to Order Spare Parts"

3.5 You are responsible for maintaining the Equipment periodically as detailed in Schedule 4 "Preventative Maintenance" and the observance of our best practice guidelines for the operation of Equipment as detailed in Schedule 4 "Top Tips to get the Best out of your Life Fitness Equipment"

4 **Payment**

4.1 We shall determine terms of payment with you in advance of Contract. At our discretion such terms may include (but not necessarily limited to) advance payment, annually, quarterly or monthly or by payment by direct debit. All invoices shall be paid by you within thirty (30) days from date of invoice.

4.2 Prices quoted are inclusive of VAT, which is chargeable at the current rate.

4.3 In the event of default in payment by the due date then, without prejudice to any other remedy that we may have, we reserve the right at any time to impose a late payment charge of 2% per annum above JP Morgan base rate from time to time (both before and after any judgment) or part thereof on monies overdue cease to carry out Services, and to recover from you all of our legal or other costs incurred as a result.

5 **Service Limitations**

5.1 Where the cost(s) of replacement parts are not included in the Services they are guaranteed for ninety (90) days from date of installation.

5.2 Our liability under this Condition 5 is limited to the replacement of parts that in our opinion are defective. These defective parts will be repaired or replaced with new or as new parts, as may be reasonable in the circumstances.

5.3 The Services and this guarantee does not cover:

5.3.1 any Equipment repairs resulting from the installation of parts or accessories that have been carried out by a technician that has not been approved by us;

5.3.2 Equipment that have not been maintained periodically as detailed in any instruction or operation manual relating to the Equipment at the intervals specified;

5.3.3 modifications or alterations that have been carried out which have neither been provided for nor authorised by us or which have been carried out without complying with the technical instructions specified by us;

5.3.4 Equipment that has been vandalised, abused, including overloading, or cases where you or the user has not complied with the instructions given in any instruction or operation manual;

5.3.5 repairs of which in our opinion arose as a result of repositioning;

5.3.6 routine maintenance, periodic checks and adjustments

5.3.7 Equipment which is deemed by us at our sole discretion to be life expired and as shall be notified to you

5.3.8 damage by natural elements (e.g. floods) or resulting from accidents;

5.3.9 any financial loss or loss of a nature specified in Condition 6.2 as a consequence of the Equipment being unusable.

5.4 We reserve the right to delay the carrying out of or suspend any or all Services if in our opinion you have not used all reasonable efforts to meet your obligations under Condition 3 until such time as you can demonstrate to our satisfaction that you are meeting your obligations.

6 **Exclusion and limitation of liability**

6.1 Our entire financial liability in respect of;

6.1.1 any breach by us of the Contract; and

6.1.2 any representation, statement or tortious act or omission including negligence arising from the supply of the Services;

shall be limited to the amount paid by you for the Services.

6.2 We shall not be liable to you in any circumstances for any loss of profit, loss of business, depletion of goodwill or for any indirect, special or consequential loss.

6.3 We give no representation or warranty as to any health benefits of use of the Equipment or that use of the Equipment is a suitable treatment for any medical condition. If your customers or persons who you allow to use the Equipment are suffering from any medical condition they must consult a doctor prior to use of the Equipment. We shall have no liability to you, your customers or persons who you allow to use the Equipment, for death or personal injury caused by use of the Equipment otherwise than in accordance with instructions or for the purpose for which the Equipment were not designed.

6.4 We shall have no liability to you for damage to your property caused during any delivery of the Services unless you notify us of such damage within 7 days of completion of the Services that are the subject of the delivery.

7 **Insolvency**

If you, if a natural person, die or be subject of an order under the Mental Health Act 1959, of if any distress or execution is levied upon your property or assets, or if you shall offer to make a scheme or arrangement with creditors or commit any act of bankruptcy or, being a company, have a receiver, manager or administrative receiver appointed over any part of your undertaking or assets, or if a resolution for the winding up of the company be passed then we may treat all sums due or to become due on any accounts as immediately payable and suspend or cancel further Services or require payment in advance or treat the Contract as terminated but without prejudice to any other rights which we may have.

8 **Waiver**

Waiver by us of breach by you of any of these Conditions shall not be considered as a waiver of any subsequent breach of that or any other provision.

9 **Miscellaneous**

9.1 Save as otherwise provided you may not assign any rights or delegate any duties hereunder.

9.2 We reserve the right to subcontract any or all of our obligations hereunder.

9.3 These Conditions shall be subject to and construed in accordance with English Law and you submit to the exclusive jurisdiction of the English Courts.

9.4 We shall not be liable to you for any failure or delay in performance of the Contract if it is due to any event beyond our reasonable control including, without limitation, acts of God, war, industrial disputes, fire, flood, tempest and national emergencies and if we are so delayed we shall be entitled to a reasonable extension of time for performing our obligations.



LifeFitness

**SERVICE
WELCOME
PACK**

WELCOME TO LIFE FITNESS SERVICE & SUPPORT

Thank you for choosing Life Fitness as your equipment provider.

As the global market leader in fitness equipment, Life Fitness is constantly evolving its product portfolio to create the best possible user experience. This enables us to both stay on trend and create new trends within the industry.

As your service provider, we are committed to an open and transparent partnership with you. Our mission is to support you in achieving your own business goals. We aim to provide you with exceptional product support to keep your equipment in optimal working order and your member experience positive.

Life Fitness has earned a reputation as the most reliable commercial fitness equipment provider in the world.

In the event that you do experience a

fault with your equipment, you have the comfort of knowing that our highly trained technicians use only genuine original Life Fitness parts and are dedicated to delivering a prompt expert service, to minimise your equipment downtime.

The commitment that Life Fitness makes towards providing the highest quality service parallels our commitment and reputation as the manufacturer of the finest equipment in the industry.

We welcome your feedback on your experience with us at any time to help us continually progress and provide you with the best service.



LORRAINE REYNOLDS
UK Service Manager

GETTING IN TOUCH WITH US

There are many ways to get in touch with us. Please find a list of departments within Life Fitness who will be able to deal with any questions you may have.

REPORTING A FAULT?

Have your serial number, a description of the fault and a picture if appropriate. Then contact us using any of the following:

E uk.support@lifefitness.com

T 01353 665507 – option 1

W www.lifefitness.co.uk/en-gb/service-solutions

To help expedite support for you, we will need the serial number(s) of the product you are reporting, as well as your site name and postcode.

NEED SPARE PARTS?

To order spare parts for your Life Fitness equipment, please e-mail your order, providing us with the Serial Number and Spare Part number (if known). To help you identify parts please visit our service documents link at: www.lftechsupport.com/web-document-library/documents

Alternatively, if you would like to speak to one of our Parts Advisors, please contact us on the contact details below.

E uk.serviceparts@lifefitness.com

T 01353 665507 – Option 2

NEED TO TALK TO US ABOUT YOUR SERVICE CONTRACT?

If you need to talk to us about an upcoming maintenance visit or anything related to maintenance cover for your equipment, our contracts team are here to help.

Life Fitness can help you keep your equipment in the best condition. We offer a range of service packages from basic maintenance to full coverage by our experienced service team with flexible payment options.

E uk.servicecontracts@lifefitness.com

T 01353 665507 - Option 3

FOR GENERAL ENQUIRIES

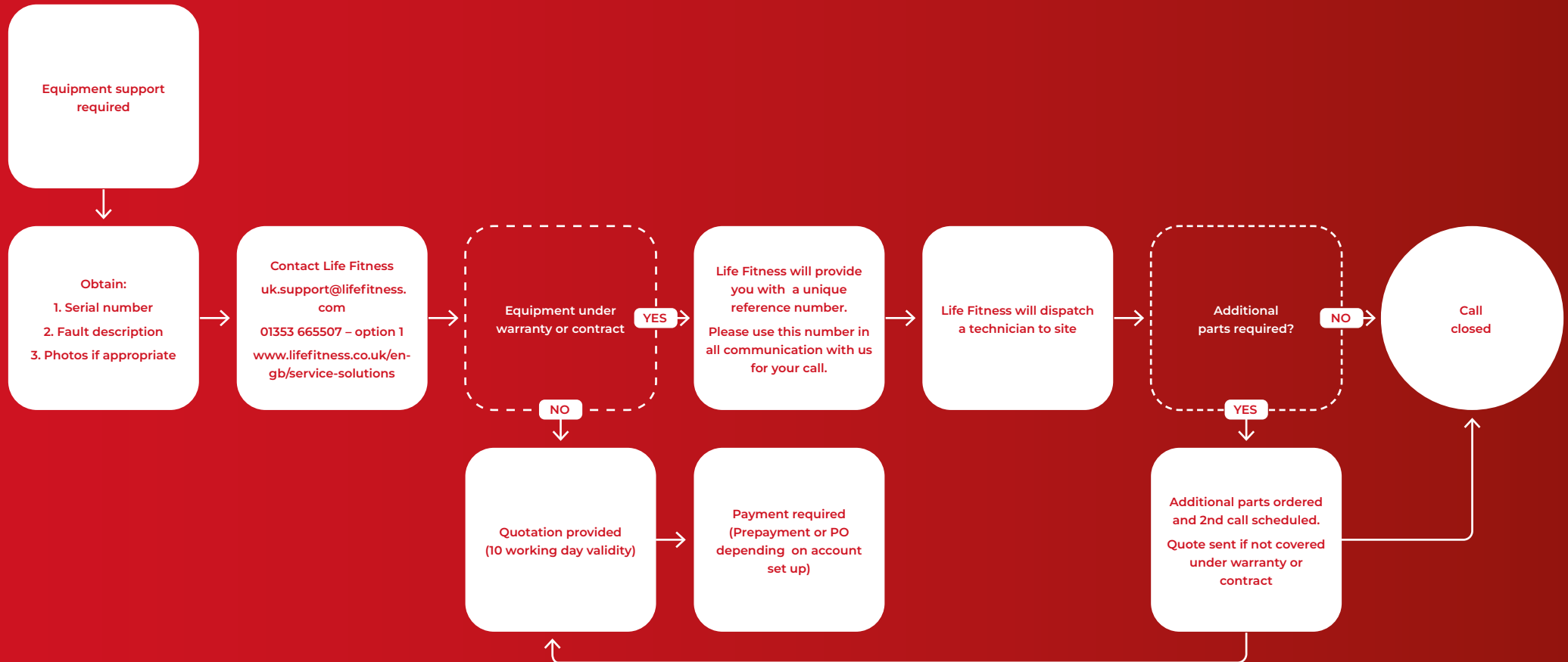
For all general enquiries relating to sales, marketing, the Life Fitness Academy or any other enquiries you may have, please contact us on:

E life@lifefitness.com

T 01353 666017



YOUR SERVICE REQUEST HANDLING



A man with a beard and short hair, wearing a grey long-sleeved shirt and black shorts, stands next to a black stationary bike. He is holding a black water bottle in his right hand and has his left hand on the bike's handlebars. The background consists of vertical red and white stripes. The overall scene is set against a solid red background.

HOW TO FIND YOUR SERIAL NUMBER

SERIAL NUMBER LOCATION

LIFE FITNESS CARDIO



TREADMILL

The serial number is located on the left side of the frame under the striding belt.



ARC TRAINER

The serial number is located on the left side of the front frame bar.



POWERMILL

The serial number is located on the inside of the right side step.

Please note: When reporting a fault, you must provide the base serial number of the machine.

SERIAL NUMBER LOCATION

LIFE FITNESS CARDIO



CROSS TRAINER

The serial number is located on the front left stabiliser bar.



UPRIGHT BIKE

The serial number is located on the front left stabiliser bar.



RECUMBENT BIKE

The serial number is located on the front left stabiliser bar.



PERFORMANCE ROWER

The serial number is underneath the seat rail.

Please note: When reporting a fault, you must provide the base serial number of the machine.

SERIAL NUMBER LOCATION

ICG CARDIO



IC5

The serial number is located on the lower frame.



IC6

The serial number is located on the lower frame.



IC7

The serial number is located on the left side of the frame.



IC8

The serial number is located on the left side of the frame.

Please note: When reporting a fault, you must provide the base serial number of the machine.

SERIAL NUMBER LOCATION

HAMMER STRENGTH CARDIO



HD TREAD

The serial number is located on the right side of the front frame bar.



HD AIRBIKE

The serial number is located on the lower frame.



HD SPARC

The serial number is located on the left side of the front frame bar.

Please note: When reporting a fault, you must provide the base serial number of the machine.

SERIAL NUMBER LOCATION

SELECTORISED STRENGTH



INSIGNIA SERIES

The serial number is located on the bottom framework near the weight stack.



AXIOM SERIES

The serial number is located on the lower right side of the weight stack frame.



CIRCUIT SERIES

The serial number is located on the lower right side of the weight stack shroud.



HAMMER STRENGTH SELECTORISED

The serial number is located on the lower right side of the weight stack frame.

Please note: When reporting a fault, you must provide the serial number of the machine.

SERIAL NUMBER LOCATION

BENCHES & PLATE LOADED



SIGNATURE SERIES BENCHES

The serial number is located on the inner frame underneath the seat.



SIGNATURE SERIES PLATE LOADED

The serial number is located on the lower framework.



HAMMER STRENGTH PLATE LOADED

The serial number is located on the lower right side frame.



HAMMER STRENGTH BENCHES

The serial number is located on the underside of the seat pad on the frame work.

Please note: When reporting a fault, you must provide the serial number of the machine.

SERIAL NUMBER LOCATION

CABLE MOTION / MULTI-JUNGLE / SYNRGY

For the Multi-Jungle and SYNRGY, we need the core serial number.



CABLE MOTION DUAL ADJUSTABLE PULLEY

The serial number is located on the bottom framework underneath of the weight stack.



MULTI-JUNGLE CORE

The serial number is located on the bottom framework underneath of the weight stack.



SYNRGY

The core serial number is located on the core station, which is always the middle station.

Please note: When reporting a fault, you must provide the serial number of the machine.

YOUR MAINTENANCE CHECKLIST

For your convenience we have summarised the regular maintenance and checks that we recommend you carry out to keep your equipment in top condition. Failure to carry out the user maintenance may affect warranty, and regular daily maintenance can prevent failure of product and injury to user.

RECOMMENDED LUBRICANTS

- SKU Break-Free Oil - To clean and lube guide rods
- Silicone Spray - Alternative to Break-Free Oil
- Teflon Grease - For rails on Seated Leg Press and Smith Machine bearings

CLEANING YOUR EQUIPMENT

- NEVER spray directly onto equipment
- Always spray onto the towel / cloth first, then wipe the equipment down



Clean all equipment before and after use



Only use the cleaning products provided



When wiping down screens, apply sanitising spray to a cloth/tissue first - please do not spray the screens directly as this can cause damage to the consoles

LUBRICANTS, OILS AND CLEANING PRODUCTS

OILS



SKU Brake-Free CLP



3-in-One Oil

GREASE



Lithium Grease



3-in-One White Lithium Grease

LUBRICANTS



GT85 Silicone Spray
(ICG Bikes)



3-in-One Silicone Spray



WD-40 Silicone Spray

RECOMMENDED CLEANING PRODUCTS



Wonder Wipes Spray



Wonder Wipes



Windowlene
(ICG Bikes)



Ultra AX Spray



Hygiene Wipes



Cloths / Towels

EQUIPMENT	DAILY (RECOMMENDED)	WEEKLY	MONTHLY
TREADMILL	Visual and functional check (appearance and safety) Wipe exterior of machine with Life Fitness recommended cleaner	Check power lead and socket for damage (unplugged) Check coax and Ethernet cables are free from damage / strain (where applicable) Test stop switch & check tether clip Inspect running belt for correct alignment / tracking Test product for correct function	Test headphone jack (where applicable) Test buttons on activity zone / handlebars Test and clean heart rate contacts Check all covers / shrouds are fitted correctly and not loose Check for stability and the machine is level Vacuum under the machine Check for visible wear on the running belt, and excessive fraying on the edges
BIKES	Visual and functional check (appearance and safety) Wipe exterior of machine with Life Fitness recommended cleaner	Check power lead and socket for damage (unplugged) Check coax and Ethernet cables are free from damage / strain (where applicable) Check pedal cranks are secure Check pedals are secure Test product for correct function	Test headphone jack (where applicable) Test resistance button function Test and clean heart rate contacts Check pedals for noise or damage Check all covers / shrouds are fitted correctly and not loose Clean and lubricate seat stem, check for wear Check pedal straps for wear and damage Check for stability and the machine is level
CROSS TRAINER	Visual and functional check (appearance and safety) Wipe exterior of machine with Life Fitness recommended cleaner	Check power lead and socket for damage (unplugged) Check coax and Ethernet cables are free from damage / strain (where applicable) Check handlebars, user arms and rocker arms for security Test product for any noise, jolting or movement	Test headphone jack (where applicable) Test resistance button function Test and clean heart rate contact Check foot pedals are secure and have no damage Check all covers/shrouds fitted correctly and not loose Check for stability and the machine is level
POWERMILL	Visual and functional check (appearance and safety) Wipe exterior of machine with Life Fitness recommended cleaner	Check power lead and socket for damage (unplugged) Check coax and Ethernet cables are free from damage / strain (where applicable) Check steps for damage and marks Test machine and check to make sure there is unrestricted movement Note: brake will activate with no user after a few seconds	Test headphone jack (where applicable) Test button functions are working correctly Test and clean heart rate contact Check all covers / shrouds are fitted correctly and not loose Check for stability and the machine is level

EQUIPMENT	DAILY (RECOMMENDED)	WEEKLY	MONTHLY
ARC TRAINER	Visual and functional check (appearance and safety) Wipe exterior of machine with Life Fitness recommended cleaner	Check power lead and socket for damage (unplugged) Check coax and Ethernet cables are free from damage / strain (where applicable) Check handlebars, user arms and rocker arms for security Test product for correct function	Test headphone jack (where applicable) Test button function Test and clean heart rate contact Check foot pedals are secure and have no damage Check all covers / shrouds are fitted correctly and not loose Check for stability and the machine is level
STUDIO BIKES	Wipe exterior of machine with Life Fitness recommended cleaner Check for stability and the product is level	Clean plastics, frame and stabilisers Clean and lubricate seat and handlebar stems Check pedal cranks are secure Check pedals are secure Lubricate SPD cleats Check pedal straps for wear and damage	Lubricate seat and handlebar sliders Check handlebars are secure Lubricate pedals
HEAT ROWERS / CONCEPT ROWERS	Wipe exterior of machine with Life Fitness recommended cleaner Check for stability and the product is level	Clean and lubricate seat rail and rollers Check all bolts are secure Test product for correct function	Lubricate chain
SELECTORISED / PLATE-LOADED STRENGTH		Visually inspect all hardware for loosening, tampering or wear Check jam nut at top of weight stack for tightness Check condition of hand grips Check cables for stretch and adjust as necessary by loosening the large jam nut on top of the weight stack and by screwing the threaded plug until cable is tight and the weight stack pin goes in all holes easily. Securely tighten the large jam nut when finished Inspect shrouds for damage and clean as necessary.	Clean guide rods with Break-Free brand lubricant (part number SK50-P0005-0000) Clean tops of bearings at stack and inspect for heavy buildup on rods below the head plate. Lift half of stack and do a visual inspection, then clean as necessary. Inspect hardware on all machines and tighten any bolts or nuts that may have been loosened over the life of the product.

MAINTENANCE LOG

MONDAY / /	TUESDAY / /	WEDNESDAY / /	THURSDAY / /	FRIDAY / /	SATURDAY / /	SUNDAY / /	WEEKLY CHECKS
Cardio <input type="checkbox"/>	Cardio <input type="checkbox"/>	Cardio <input type="checkbox"/>	Cardio <input type="checkbox"/>	Cardio <input type="checkbox"/>	Cardio <input type="checkbox"/>	Cardio <input type="checkbox"/>	Cardio <input type="checkbox"/>
Resistance <input type="checkbox"/>	Resistance <input type="checkbox"/>	Resistance <input type="checkbox"/>	Resistance <input type="checkbox"/>	Resistance <input type="checkbox"/>	Resistance <input type="checkbox"/>	Resistance <input type="checkbox"/>	Resistance <input type="checkbox"/>
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MONDAY / /	TUESDAY / /	WEDNESDAY / /	THURSDAY / /	FRIDAY / /	SATURDAY / /	SUNDAY / /	WEEKLY CHECKS
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Initials _____	Initials _____	Initials _____	Initials _____	Initials _____	Initials _____	Initials _____	Initials _____



PREVENTATIVE MAINTENANCE PROCESS

To help you understand our preventative maintenance process, the following pages provide detailed information on our standard operating procedures which cover your maintenance visits.

If your equipment is covered by warranty only, you may wish to consider purchasing a comprehensive preventative maintenance contract or annual PM visit.

SCHEDULING AND REPORTING: WHAT TO EXPECT

Following your equipment installation, Life Fitness will schedule your first preventative maintenance inspection 11 months after your install date and then every 12 months subsequently, for the duration of your contract.

Preventative maintenance visits are planned 1 month in advance and assigned to a local technical team. This team will contact you to schedule and agree a convenient date for the visit.

We recommend nominating a point of contact, for the technician(s) to liaise with whilst on site.

The technician(s) will complete all works outlined in the checklists enclosed. In addition, they will identify any potential safety issues and perform functional tests.

On completion of the visit, the technician(s) will submit a report to the contracts team. This will be reviewed for any additional parts or work that is required, and follow up activities scheduled in the same way.

A comprehensive report by serial number will be emailed to the main site contact, detailing any product faults, parts replaced and any additional parts required. If there are any safety concerns, these will be highlighted in this report. If any parts are not covered under your contract, they will be quoted in the email communication.

Once all work is complete, should you require a certificate of completion, please e-mail the contracts team and this will be sent out to you.

uk.servicecontracts@lifefitness.com



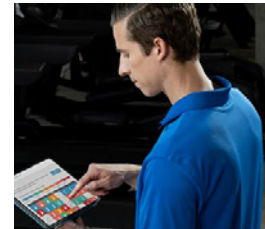
EMPOWER YOUR FACILITY

Halo Facility is a free software solution that makes it easy to manage your Life Fitness equipment and make smart business decisions.

CREATE YOUR FREE ACCOUNT TODAY

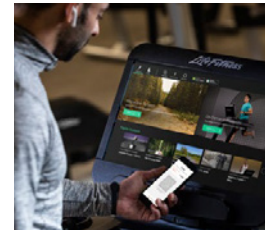
GET STARTED

SCHEDULE A DEMO



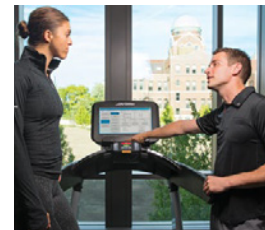
TOP WAYS TO IMPROVE YOUR BOTTOM LINE WITH DATA

Get insights on which days of the week, what time of day and which machines are most popular for your exercisers. Halo Facility empowers you and your staff with data that allows you to better maintain equipment and make educated decisions with equipment purchases.



CUSTOMISE YOUR UNIQUE BRAND EXPERIENCE

Extend your brand throughout the facility. From custom attract screen images to custom videos and workout, explore a variety of features that help diversify your facility. Keep your exercisers engaged with the wide variety of classes within Life Fitness On Demand+ by taking the guess work out of planning a workout. Stay connected to your exercisers with motivational messages and facility announcements.



EQUIPMENT IN IT FOR THE LONG RUN

Improve the lifespan of your equipment with Halo Facility. Unlock features like preventive maintenance reminders that give you predictive notices to check your equipment—like your car does for oil changes.

It also gives you insights on equipment usage, so you can rotate machines based on their usage to keep them in similar and lasting condition.

Halo Facility is the gateway for console safety and security updates, as well as your ticket to early access of new equipment features.

LifeFitness

www.lifefitness.co.uk

01353 665507

uk.support@lifefitness.com

Amazon Leisure (UK) Ltd - Method Statement / Safe System of Work relating to:
Installation of Specified Fitness Equipment at: **The Range**

Department: Logistics

Generated by: Steve Slater - General Manager Amazon Leisure (UK) Ltd

Amazon Leisure takes Health & Safety seriously, and expects those that contract to us, or we contract to, have the same understanding and competency.

Amazon Leisure operates within the within the Legislation and Regulations relating to Health and Safety at Work Act (1974) and Lifting Operations, Lifting Equipment Regulations (1998) and the Control of Vibrations at Work Regulations 2005. Amazon Leisure seeks to deliver excellence in all areas of our operations at all times; we reserve the right to cancel any work on the grounds of Health & Safety at any time.

Works Statement

Amazon Leisure to attend: The Range, Unit 1, Gateway Boulevard, Stowmarket, Suffolk, IP14 5BP to carry out the installation of Life fitness manufactured fitness equipment. The current schedule dictates that this work will be conducted on Monday 22nd and Tuesday 23rd July 2024.

Works Sequence

Our Team Leader, Lewis Durrant , will make himself known to the site contact to Lulzim Hysa (07596288871) to initiate a “walkthrough” to assess access route & potential hazards.

- 1 We will identify the location of the equipment using a site plan in accordance with EN957.
- 2 Any site requiring AV, or external cabling for ancillary operations, is to arrange for suitable placing of equipment as far as reasonable practical, so as not to heighten the risk of a trip hazard.
- 3 Where there is a requirement for equipment to be anchored, the customer will be requested to provide additional information / plans which locate the services and / or additional hazards which might be present in the floor / floor void. Customers will be required to sign an indemnity document which will be supplied for specific sites when relevant.
- 4 In the event of the any of the above hazards being identified, then the Amazon Team Leader will need to relay our concerns to the Site Responsible / Competent Person.
- 5 The HASAWA 1974 Section 3 states that “All Employers and owners of premises have a duty to conduct their operations in such a way to prevent risk to other employees and to persons using their facilities who may be affected by their work activities”.

- 6 As contractors, Amazon Leisure works closely within given remits and as a professional company cannot stress strongly enough the requirement to follow the above guidelines.
- 7 All of our staff are trained in the handling of our equipment – see associated documentation.
- 8 The fitness equipment will be split into the smallest components to make the movement as safe as reasonably practicable.
- 9 It is not always possible to estimate the weight of such equipment, as movement and desired location, means each lift may be different.
- 10 The estimation, if demanded, of weight may be in the region of 5-55kg per man per lift, not within each lift region. This estimation is not binding or exhaustive.

Resources

- 11 Personnel and equipment will be allocated to the task on the basis of the volume of the equipment to be installed, collected or moved and the access to the premises.
- 12 The Team Leader is our primary contact on site and he will relay the installation route to rest of the 4 man team pointing out areas of concern in relation to Hazards, Risk, and Manual Handling, and any specific requirements of the site.
- 13 The Team Leader tests all our movement equipment, before each install, this is reflected on our Site Specific Risk Assessment. In the event of pump up / pallet trucks being used these are tested in line With L.O.L.E.R, as are any slings, or straps.
- 14 Every member of our field staff undergoes training in the principles of Risk Identification, Management, Hazard control, and Manual Handling, including the specifics of Team Lifting.

Installation Assessment of Risk & Subsequent Control

- 15 A copy of our Site Specific Risk Assessment has been attached as Appendix (A) to the rear of this Method Statement; this risk assessment will be carried out and completed on the day the works commences and be available for inspection.
- 16 It does not cover C.O.S.H.H, as this in itself is not a hazard, but a Legislation / regulation in its own right. Anything relevant to be being a substance hazardous to health will be identified.
- 17 Installers will cordon off their working areas in all public facing commercial premises to protect themselves and the general public/site staff. The installers will use barrier tape or solid barriers to form the cordon.
- 18 The Team Leader will liaise with regard to parking, taking care not to restrict site access, block emergency exits, or restrict public right of ways, and check receipt / condition of goods on Delivery Vehicle

19 Further to the Risk assessment, it is our intention to always ensure that any transport vehicle tail lifts are operated by authorised persons (driver), are suitable for use (L.O.L.E.R), and that when not in use the tail lift is raised fully and stowed away, or left fully lowered with the front edge angled to the ground to reduce the risk of tripping. No product will be left on skates or pallet trucks while on the tail lift, and Installation Staff should refrain from traveling on Tail Lift while goods present, unless for a specific reason as identified in the Risk Assessment, and safe to do so.

Control Measures

20 All our staff are trained in their specific areas of expertise and records are kept of this on their personnel files, and in company records. In the event of access to high security areas all our staff are instructed to carry photographic ID with them. If Site specific training is required, our staff are willing to undertake this.

21 If deemed necessary a specific control measure matrix is produced based on site circumstances.

Personal Protective Equipment

22 All our staff are instructed to wear appropriate PPE. Company policy dictates that Safety footwear and Hi-Vis vests must be worn at all times. Hard hats, gloves, goggles or further PPE will be worn as required by site as long as it does not have a negative impact on the team or contradict Amazon Leisure's H&S policies and practices.

23 Amazon staff will abide by site specific instruction, unless it conflicts directly with the findings of our Risk Assessment. The Health Safety and Welfare of Amazon staff is our paramount concern. In the event of this happening through negation a suitable resolution will always be reached.

Emergency Arrangements

24 Amazon Leisure staffs are trained in evacuation procedures, and are also fully aware of the Fire Regulation reform, and procedures. All our staff are provided with a full documentation pack detailing emergency procedures and First Aid procedures and reporting of. We do not use liquids for any part of our undertakings, so spill training has not been deemed reasonable nor practicable

Summary

25 The HASAWA 1974 dictates that *"the persons in control of the workplace are bound under Section (2) of the regulation to protect visitors to that workplace, e.g service engineers, from hazards in that workplace which are addressed in the regulations. These obligations extend, in the case of Regulations which are concerned with the safety rather than welfare to all persons"*.

Amazon Leisure UK Ltd has always and will always work with anybody at any level to ensure the undertakings are as safe and professional as reasonably practicable. This has and always will only be possible through precise, effective communication. To this end, contacts are as listed below.

- *General Manager: Steve Slater*
- *Team Leader: Lewis Durrant*

All of our policy documents are revised 12 monthly or as the need arises through legislative change, or company procedural change. A qualified person undertakes the review annually.

The next review is due Sept 2023 & expected to be carried out by the following consultant, or person of equivalent qualifications and experience:

Neil Whatling (GradIOSH) - Senior Consultant NFU Mutual Risk Management Ltd

Please be aware, site documentation is amended as required to accommodate specific scenarios.

Contact Details

Amazon Leisure (UK) LTD

Hargham Road

Shropham

Norfolk

01953 498098

steve@amazon-leisure.co.uk

Overview of Amazon's Risk Assessment

- **Products:**

Resistance Equipment

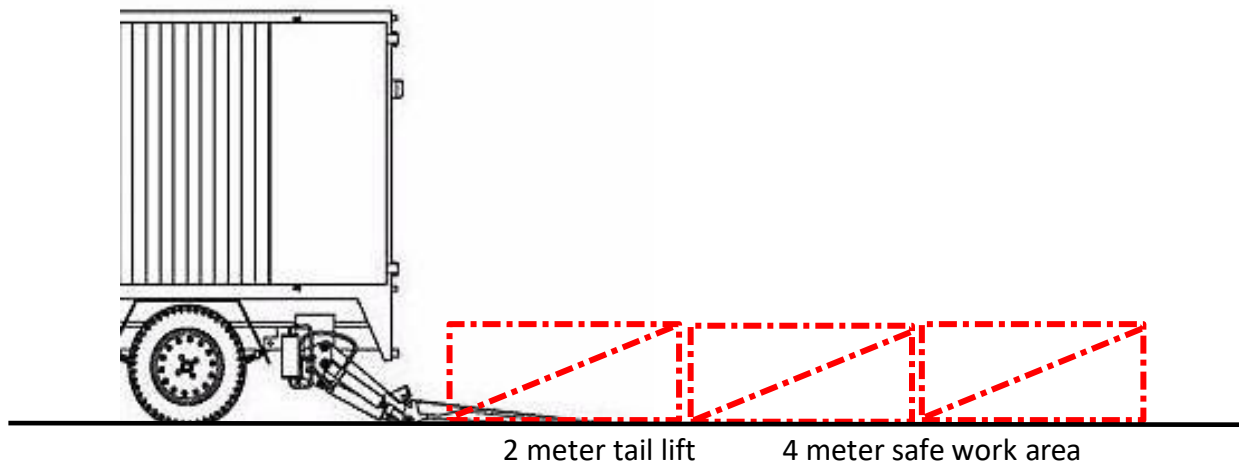
- **Hazards:**

Slips, trips & falls, muscular skeletal, crush, falls from height, collision, vibration, inhalation, electric shock and Infections.

- **Implementations:**

1. Strict adherence to the site-specific risk assessment carried out at the commencement of works.
2. Team must wear masks, gloves, and any other PPE deemed necessary by the risk assessment
3. Team to attend any H&S induction required by site on the 1st day of works.
4. Team to adhere to all site H&S stipulations that do not contradict Amazon instructions
5. Gym & route to location to have the minimum of other contactors, staff or customers present
6. Site contact needed to facilitate access and egress.
7. Site must have an authorised person to ensure the H&S of the team whilst on site.
8. Staff to undertake manual handling training prior to site work.
9. Always ensure that walkways, staircases and rights of way are of a serviceable condition and fit for use; if not always phone the office for advice.
10. If the club or gym is not closed to its members, installers will cordon off their working areas in all public facing commercial premises to protect themselves and the general public / gym staff. The installers will use barrier tape or solid barriers to form the cordon.
11. Wherever reasonably practicable, use manual handling aids to move the equipment such as barrows, skates, pallet trucks etc. to reduce the need to lift the equipment.
12. If Manual Handling the equipment always ensure that there are enough personnel to do so, and they are competent to undertake the task.

13. Use only 110 or battery operated volt equipment for drilling.
14. Reduce the weights of the equipment break it down into its smallest and lightest components.
15. Pay close attention to the positioning of equipment, especially treadmills, in line with **EN957**.
16. Pay special attention to the routing of external cabling. In the absence of kick strips or under floor provision, voice concerns to site staff and office prior to commissioning the equipment.
17. Never leave treadmills running unattended.
18. Do not hard wire into or remove products from the electrical system.
19. Never leave tools or manual handling aids where they present a risk of slips, trips or falls and always keep your work area tidy.
20. Monitor operator drilling time to assess whether EAV (Exposure Action Value) is exceeded and to ensure ELV (Exposure Limit Value) is not; in accordance with manufactures safety guidelines.
21. At all times be aware of your surroundings and environment about your own, work colleagues, site staff and members of the public's welfare and safety.
22. When unloading and working with contract delivery vehicles that have been parked on a public highway or other such environment, the following stipulations and measurements must be adhered to. Allow two meters behind the vehicle for tail lift movement and a further four meters for an unloading/working area. This area must be marked out using hi-vis barriers or suitable cones and hi-vis tape to warn other road users of your presence. This is also to be marked out as stipulated if you believe that you could come into contact with other vehicles when away from a public highway such as a carpark or building site. If this safe area cannot be achieved then the office must be contacted immediately for advice.



If in doubt on any of the above points, install staff must cease work immediately and seek advice from management A.S.A.P. before recommencing further work of any kind.

Phone 01953 499254 or 07834 753161

Appendix 'A' – Amazon Leisure (UK) Ltd – Site Specific Risk Assessment

Amazon Leisure (UK) Ltd, The Fitness Centre, Hargham Road, Shropham, NR17 1DS. Tel 01953 498098

Site Name: The Range

Site Postcode: IP14 5BP

Work Dates : Mon 22nd and Tues 23rd July 2024

Team Leader: Lewis Durrant

Equipment Types – Mark relevant sections

Strength

CV

Free weights

TASKS

SPECIFIC RISK ASSESSMENTS

Traffic Management

To be conducted ON ARRIVAL at site:

	Low	Med	High	Very High
Parking <i>(Note any restrictions)</i>				
Other vehicle movements <i>(eg: one way, car park)</i>				
Area for loading / unloading <i>(car park side of road)</i>				
Transit of equipment from vehicle to site entrance <i>(eg: footpath)</i>				

Working Environment

Specify

	Low	Med	High	Very High
Available access <i>(This must be safest not most convenient)</i>				
Movement on site <i>(This must be safest not most convenient)</i>				
Available work area <i>(Sufficient area must be made available)</i>				

Manual Handling

Specify

	Low	Med	High	Very High
Usage of Manual or Powered sack barrow				
Usage of Skate				
Usage of Pallet truck				
Usage of team lifting.				

RISK REDUCTION NOTES RESULTING FROM AREAS MARKED "VERY HIGH" IN ANY CATEGORY

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